



Theresia Rina Yunita, S.Ked
5th Year Student
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EXCHANGE PROGRAM IN KOBE UNIVERSITY, JAPAN



First of all, I want to say thank you to Professor Kuno, Mr. Kato, Ms. Kimi and also my teacher in Indonesia for giving me this great opportunity. It was a very amazing experience. When I was in Kobe, I studied at two departments, Dermatology and Ophthalmology for 4 weeks.

Actually, I'm very surprised because i didn't expect to have a students tutor who always helps me when I had some problems during my stay in Kobe. They are such kind of friends. Thank you to Saki, Furuya, Lisa, Kie, Midori and Shimpei.



My first rotation is Dermatology Department. I met Nagai sensei as my supervisor and also professor Nishigori. They are great teachers and very kind.



My daily activities including observing the outpatient clinic, special clinic, operation, professor ward round, discussion with supervisor and also conference. The doctors always explain clearly about every patient who came to the clinic, so I can understand the patient's history and the management taken for the patient. The conference was held in Japanese, so it was translated to English in order for me to understand it. We always discussed about every patient, every cases, rare diseases and also about the different between most cases in Japan and Indonesia. Sometimes they gave me some homework which related to our patient in the next day, so when we met the patient we already know about the disease.



My second rotation was Ophthalmology Department. I met my Supervisor Yamada sensei and also Professor Nakamura. They are very kind to me. My daily activities were following Hiroshie sensei did the pre- and postoperative workups, observing the surgery, attending the lectures, and practicing with other medical students. I had a great experience to be an assistant for Professor Nakamura in a Trabeculectomy. I'm very happy because it was my first time to try the microsurgery. I also learned so many cases, especially for glaucoma because there are many glaucoma's patient in Japan.

Not only learning about Dermatology and Ophthalmology, I also learned Japanese language. Now, i can speak daily conversation of Japanese language and write hiragana. Thank you to Terao sensei and also Yun sensei.



I also got to enjoy the sightseeing. I explored Kobe and surrounding places during my free time. Kobe is a very clean, safe, and neat city. The people in Kobe are very kind and helpful. I really enjoyed my exchange program in Kobe University, and I really hope I could come back to Kobe. Arigatou Gozaimasu ☺

